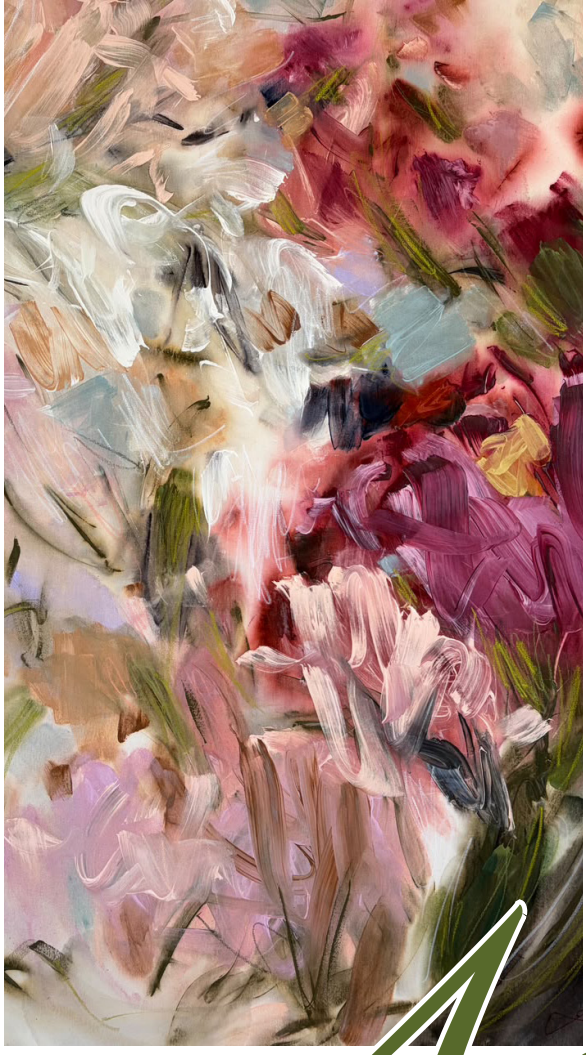




Anthesis

The Unfolding

Works by
Isabel Crause and **Mické Buitendag**
On show 6 – 28 Nov. 2026

Exhibition Portfolio

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33 Bree Street | Cape Town
Entrance on Waterkant St.

33bree.com

33 BREE

ISABEL CRAUSE



Isabel Crause (b. 1980, South Africa) is a contemporary botanical artist based in Cape Town whose work explores personal growth, emotion, and trans-formation through layered mixed-media artworks. Inspired by nature and abstract forms, her paintings reflect the delicate balance between strength and vulnerability, chaos and calm, and the ongoing process of change that shapes human experience.

Working across mixed media, Crause creates richly textured compositions using abstract botanical elements as visual metaphors for emotional and personal development. Rather than portraying nature realistically, she uses organic forms, movement, and layering to express feelings, memories, and inner experiences. Her work speaks to the idea that growth is often both beautiful and uncomfortable, much like nature itself.

Her artistic process is intuitive and expressive, combining structure with spontaneity to create works that feel both grounded and atmospheric. Through layers of texture, mark-making, and colour, she builds compositions that invite quiet reflection and emotional connection. Themes of resilience, softness, surrender, and renewal run throughout her work, encouraging viewers to consider their own journeys of transformation.

Deeply influenced by the natural landscapes surrounding her, Crause often draws inspiration from the ever-changing rhythms of the botanical world - growth, decay, regeneration, and seasonal transition. These recurring cycles become symbolic parallels to human emotion and lived experience, allowing her works to resonate on both a personal and universal level. Her compositions often balance moments of stillness with energetic movement, creating a visual language that feels contemplative yet alive.

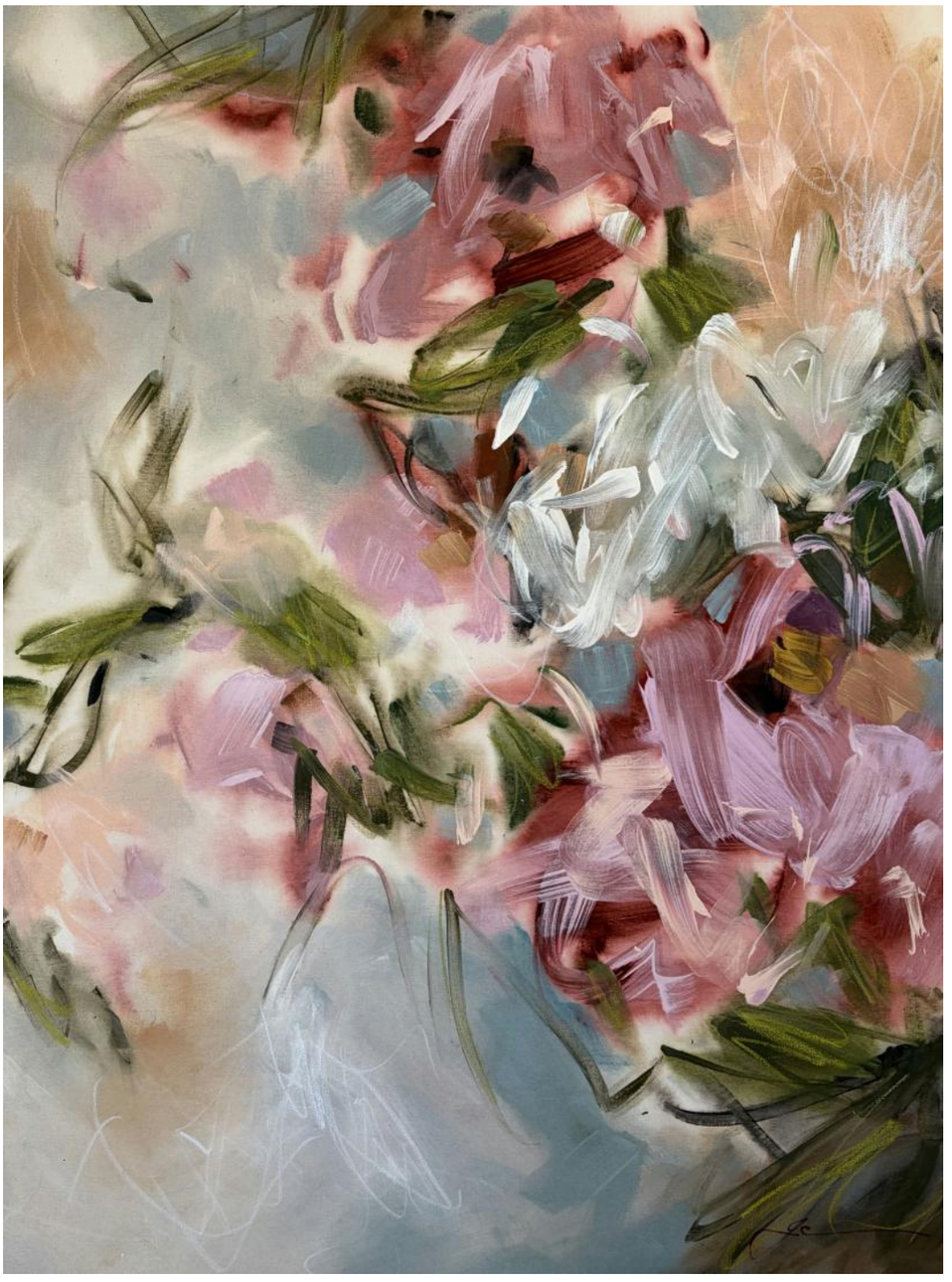
In 2024, Crause was awarded a residency at the Château d'Orquevaux in France, an experience that continues to influence and expand her creative practice. Exposure to a new environment and artistic community deepened her exploration of nature, memory, and emotional expression within her work.

Her artworks have been exhibited in group exhibitions locally and are held in private collections across South Africa, France, the United Kingdom, the United States, Australia, Dubai, and the Netherlands.

Isabel Crause is represented by The Artists Gallery in Cape Town.

A Beautiful Chaos (framed)
120 x 90 cm
Acrylic and Oil on canvas
ZAR 41,500 excl. VAT
ZAR 47,725 incl. VAT

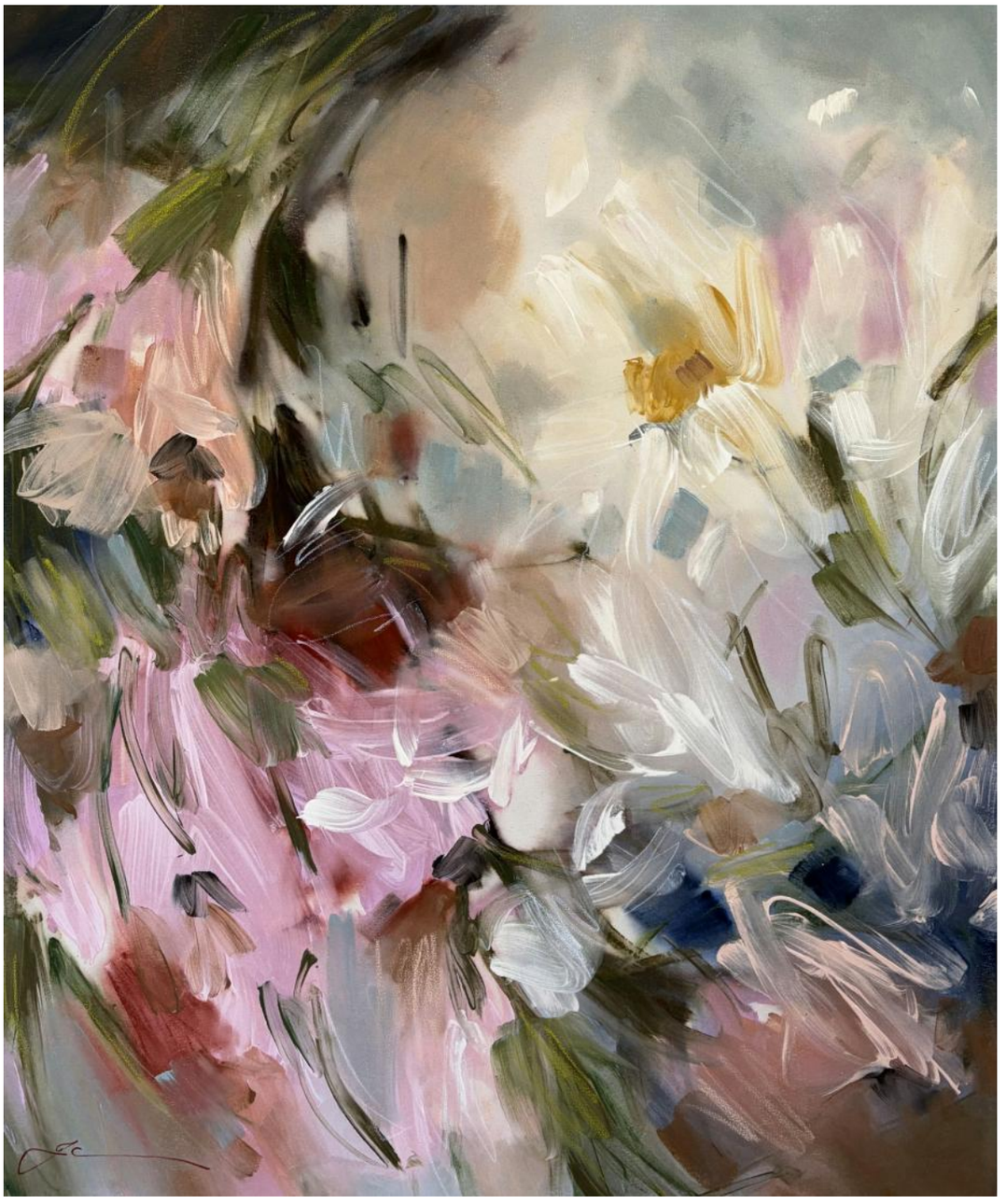
THE ARTISTS GALLERY



Life doesn't have to fall perfectly into place for us to find something wonderful in it.

A Whole Mood (framed)
120 x 100 cm
Acrylic and Oil on canvas
ZAR 44,500 excl. VAT
ZAR 51,175 incl. VAT

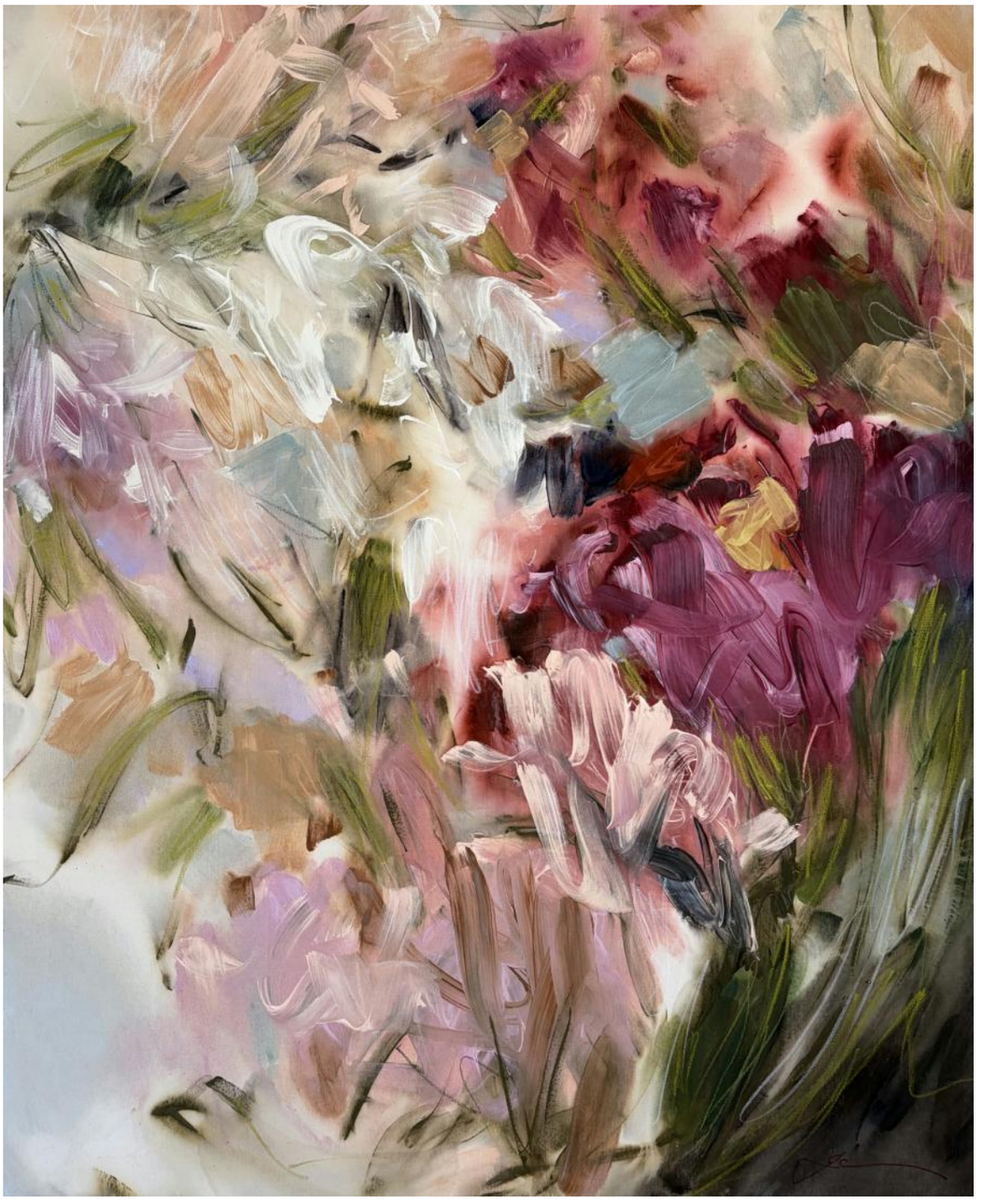
THE ARTISTS GALLERY



We are not only one thing. There is beauty in being impossible to define.

Born to Bloom (framed)
160 x 130 cm
Acrylic and Oil on canvas
ZAR 63,500 excl. VAT
ZAR 73,025 incl. VAT

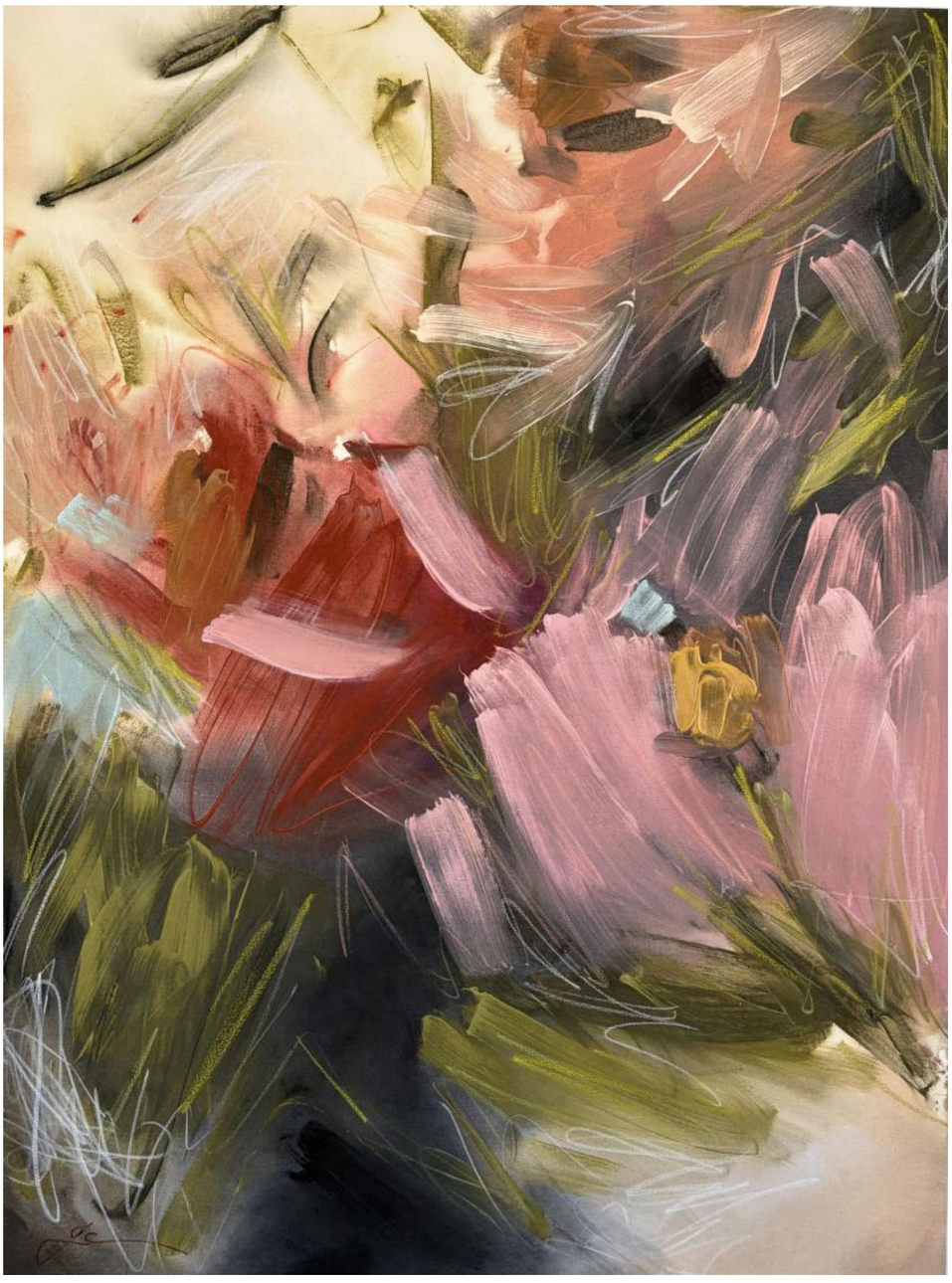
THE ARTISTS GALLERY



There is much within us still waiting to be expressed. How wonderful to have more of ourselves to meet.

Flower Power (framed)
120 x 90 cm
Acrylic and Oil on canvas
ZAR 41,500 excl. VAT
ZAR 47,725 incl. VAT

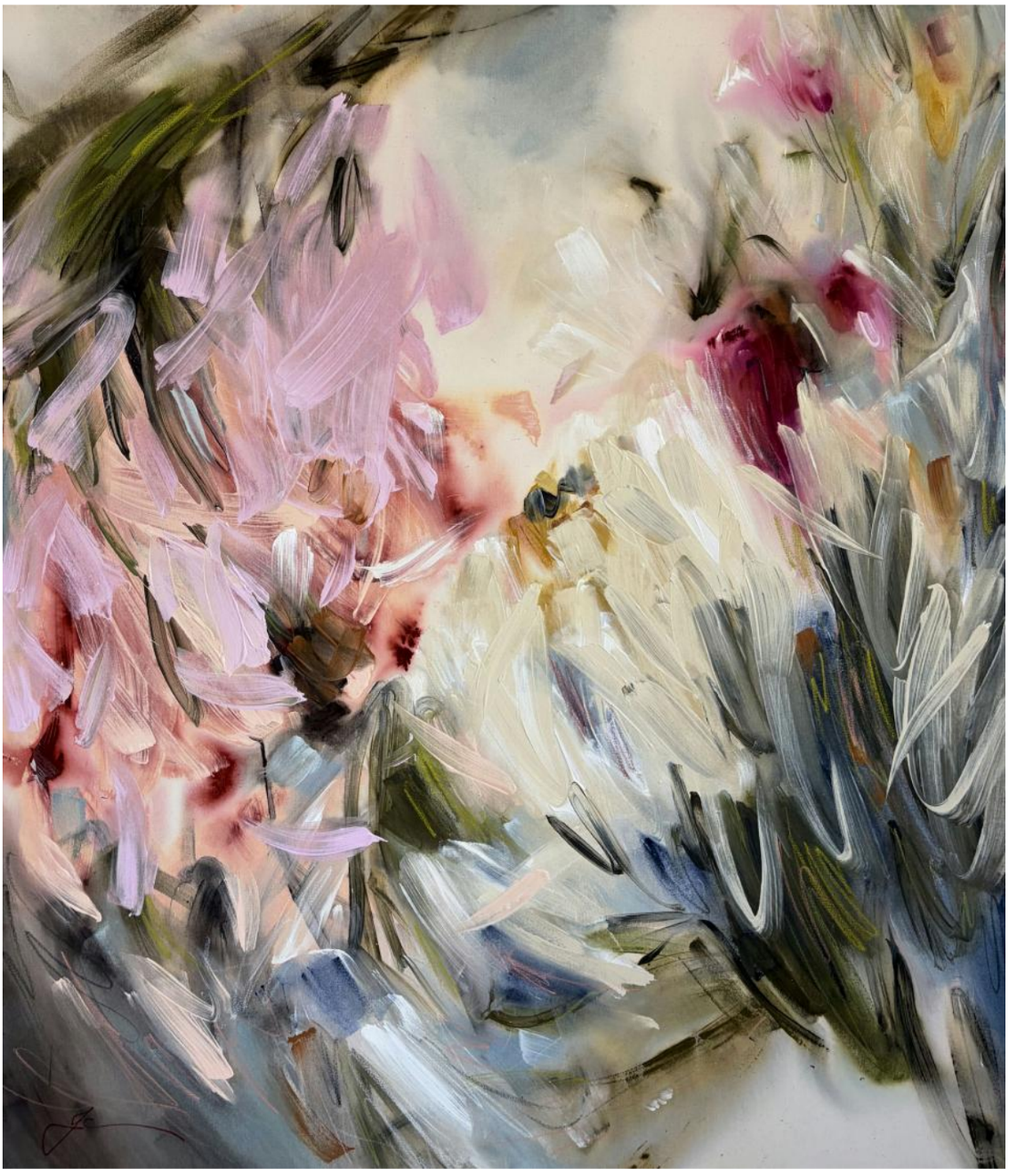
THE ARTISTS GALLERY



Softness is not weakness. There is strength in staying open; risking delight in a relentless world.

Force of Nature (framed)
150 x 130 cm
Acrylic and Oil on canvas
ZAR 57,000 excl. VAT
ZAR 65,550 incl. VAT

THE ARTISTS GALLERY



We can't choose everything that shapes us, but we can surprise ourselves against all odds.

Grit, Grace and Glory - Triptych (framed)
120 x 120 cm
Acrylic and Oil on canvas
ZAR 81,000 excl. VAT
ZAR 93,150 incl. VAT

THE ARTISTS GALLERY



There is something worth celebrating in every version of ourselves that carried us this far.

Main Floral Energy
140 x 170 cm
Acrylic and Oil on canvas
ZAR 72,000 excl. VAT
ZAR 82,800 incl. VAT

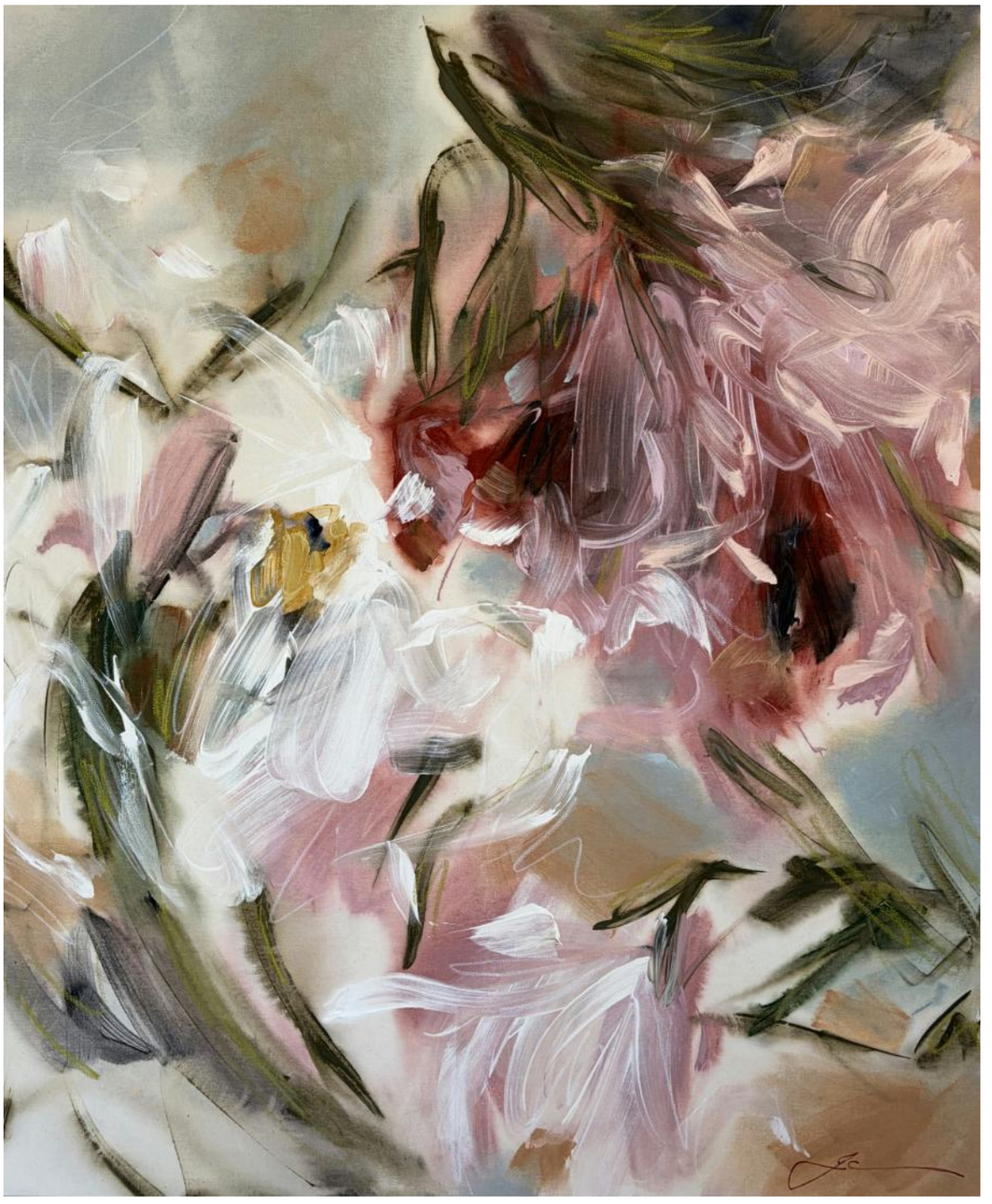
THE ARTISTS GALLERY



Playing small does nobody any favours. Taking up space makes room for others to follow.

No Wallflower (framed)
120 x 100 cm
Acrylic and Oil on canvas
ZAR 44,500 excl. VAT
ZAR 51,175 incl. VAT

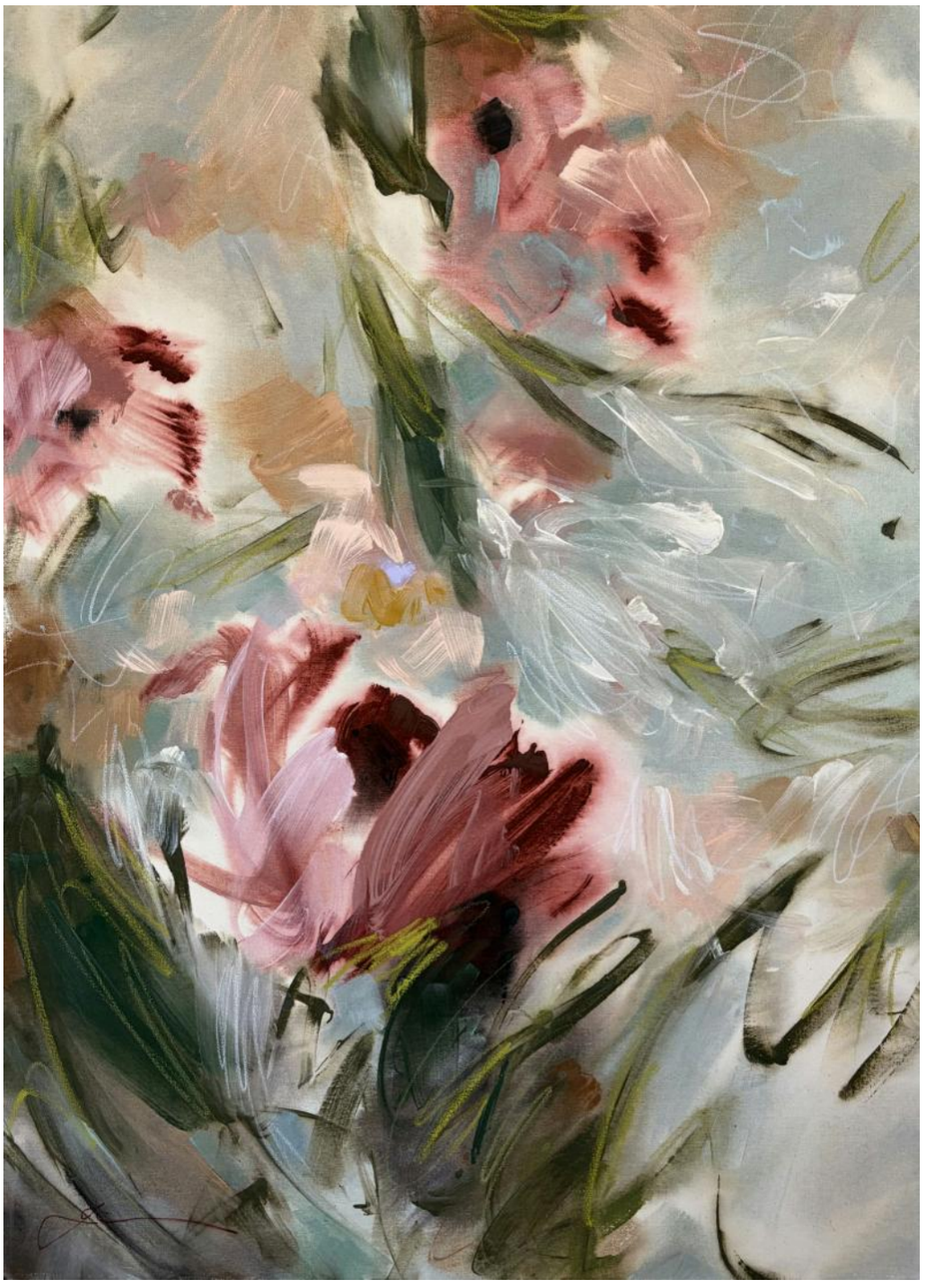
THE ARTISTS GALLERY



Life’s too short to blend in. Being fully ourselves inspires others to do the same.

Say Less (framed)
110 x 80 cm
Acrylic and Oil on canvas
ZAR 37,000 excl. VAT
ZAR 42,550 incl. VAT

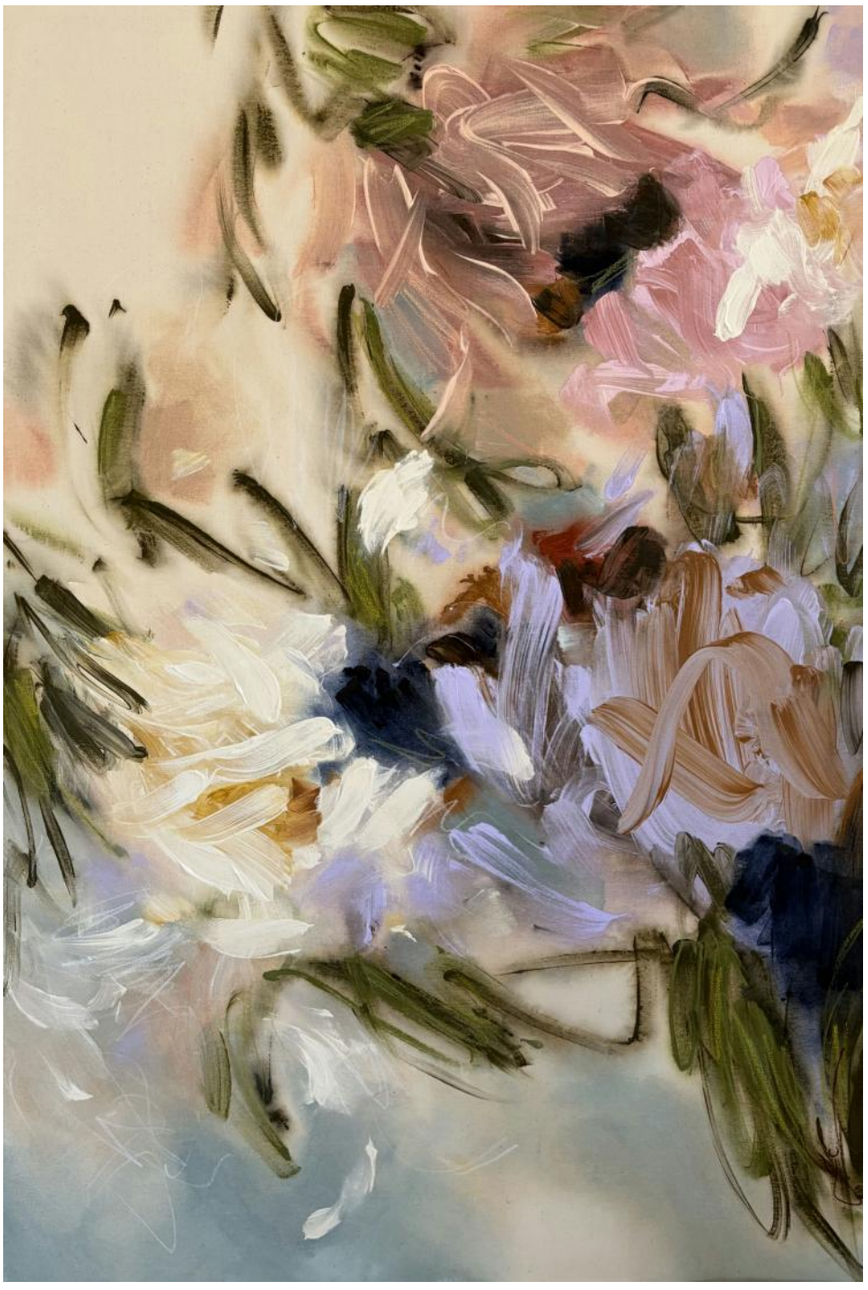
THE ARTISTS GALLERY



The more we become ourselves, the less we need to explain.

Soft Launch (framed)
130 x 90 cm
Acrylic and Oil on canvas
ZAR 41,500 excl. VAT
ZAR 47,725 incl. VAT

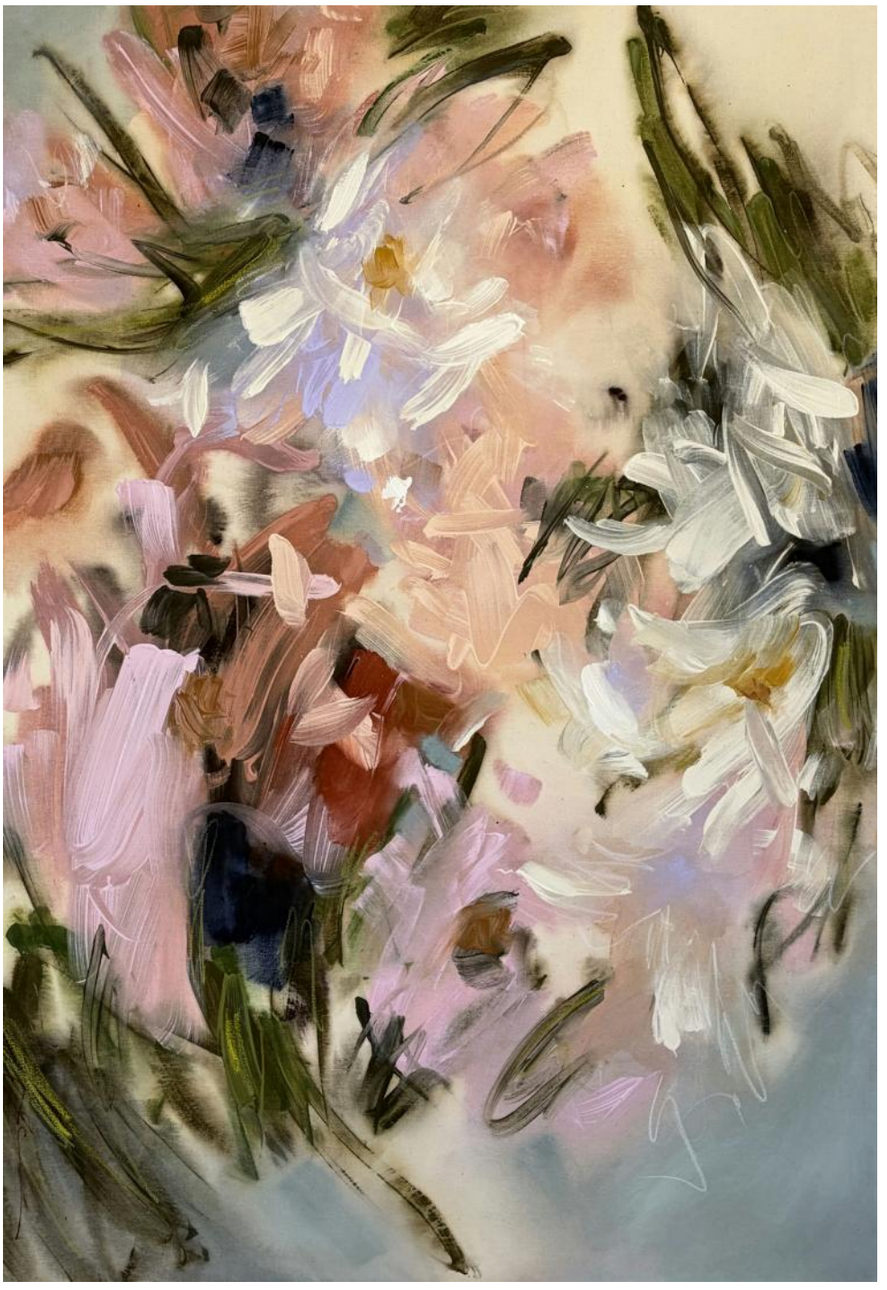
THE ARTISTS GALLERY



Breakthrough doesn't always arrive with applause. The quiet shifts are often the most meaningful.

The Glow Up (framed)
130 x 90 cm
Acrylic and Oil on canvas
ZAR 41,500 excl. VAT
ZAR 47,725 incl. VAT

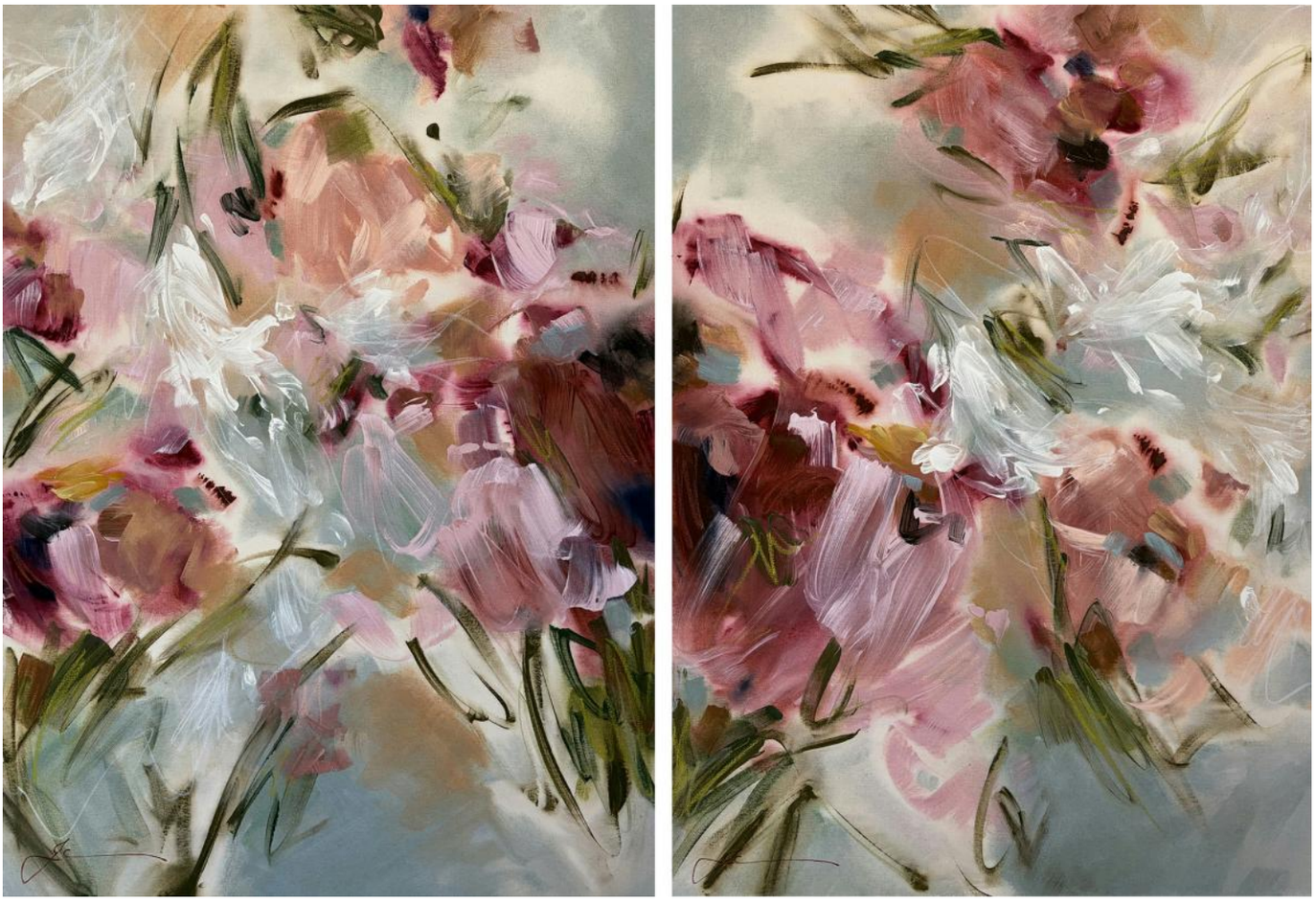
THE ARTISTS GALLERY



Growing into ourselves is less about changing who we are, and more about recognising our own light.

Two Truths - Diptych (framed)
110 x 160 cm
Acrylic and Oil on canvas
ZAR 74,000 excl. VAT
ZAR 85,100 incl. VAT

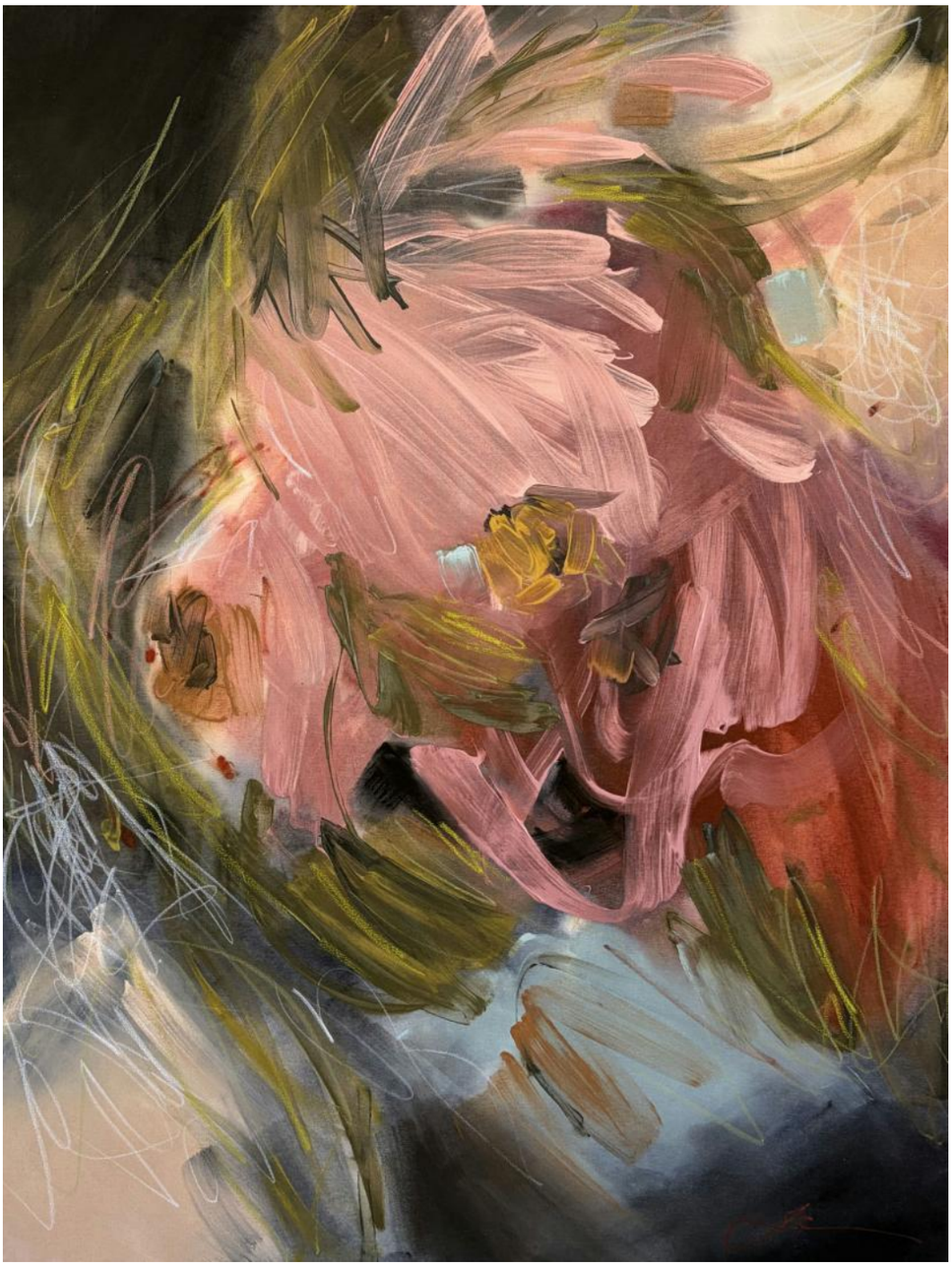
THE ARTISTS GALLERY



Strength and vulnerability. Certainty and doubt. Our contradictions make us more whole.

Wild Card (framed)
120 x 90 cm
Acrylic and Oil on canvas
ZAR 41,500 excl. VAT
ZAR 47,725 incl. VAT

THE ARTISTS GALLERY



Embracing the unexpected opens doors to the beautiful possibilities beyond our carefully made plans.

MICKE BUITENDAG



Born in 1995 in Cape Town, South Africa, Mické Buitendag is a self-taught mixed media artist who taught herself the beauty of creating art. Her creative journey began shortly after graduating with a degree in business, when she turned to art as a form of therapy and reflection. What started as a therapeutic outlet soon evolved into a compelling artistic practice rooted in introspection, emotional depth, and self-exploration.

Mické Buitendag's creation style is a form of contemporary and abstract art, with her artistic voice being a flow of expressive energy through mixed media. She works primarily on high-gloss acrylic surfaces, blending digital and traditional media to form expressive, abstract compositions. Her creative process unfolds in three distinct layers, beginning with abstract painting on canvas. Through layers of texture, dynamic brushstrokes, and translucent washes, fragmented and multi-perspective faces emerge; portraits that mirror the complexity of human thought and the many layers of identity.

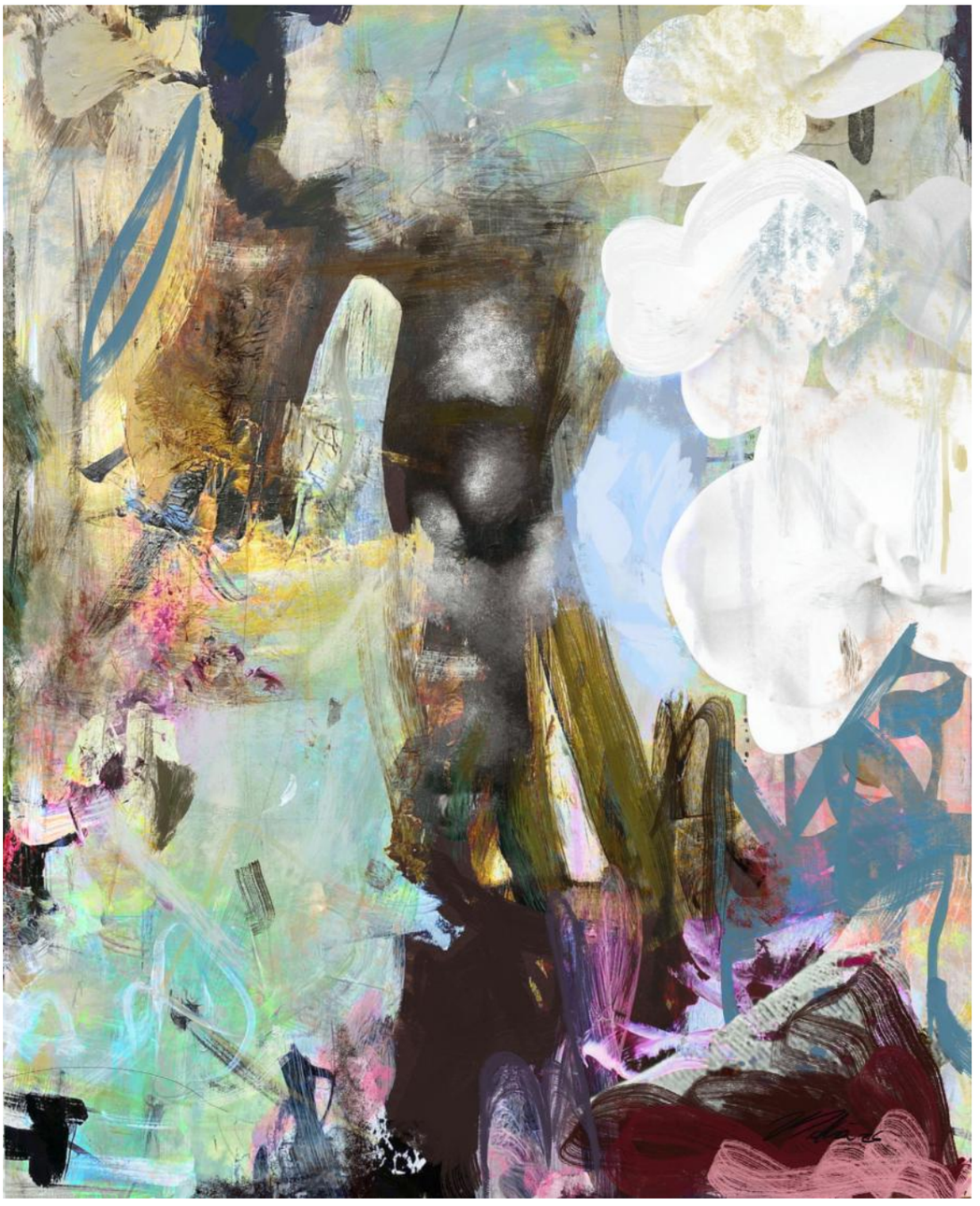
Themes of femininity and identity are the main vocal points in her works. Each artwork is produced as a one-of-a-kind original piece with layers of depth on high gloss acrylic. With a vibrant palette and rich textural depth, Mické Buitendag's work captures the tension between chaos and beauty, destruction and renewal, and internal conflict and harmony. Themes of identity, memory, and perception lie at the heart of her practice. Each piece reflects not only the intricacies of who we are but also how we perceive ourselves—and how we are perceived by others.

Mické Buitendag invites viewers to engage deeply with her work, not just as observers, but as participants. Her art encourages emotional connection and introspection, prompting audiences to question their own perceptions and to explore the underlying emotional narratives within each piece. "A painting is an artist's personal feelings, thoughts, therapeutic imagination, and a physical presentation of the mind," Mické explains.

2018 Mické Buitendag moved cities to pursue her passion, and she has been part of many successful group exhibitions since.
She is represented by The Artists Gallery in Cape Town, where a selection of her pieces are shown. As of 2024, she moved to Dubai to pursue her international art career.
She has also been part of World Art Dubai, Affordable Art Fair Stockholm, and group exhibitions with The Traveling Art Gallery in Europe.

Between Two Forms (framed)
115 x 95 cm
Mixed Media on Acrylic
ZAR 48,300 excl. VAT
ZAR 55,545 incl. VAT

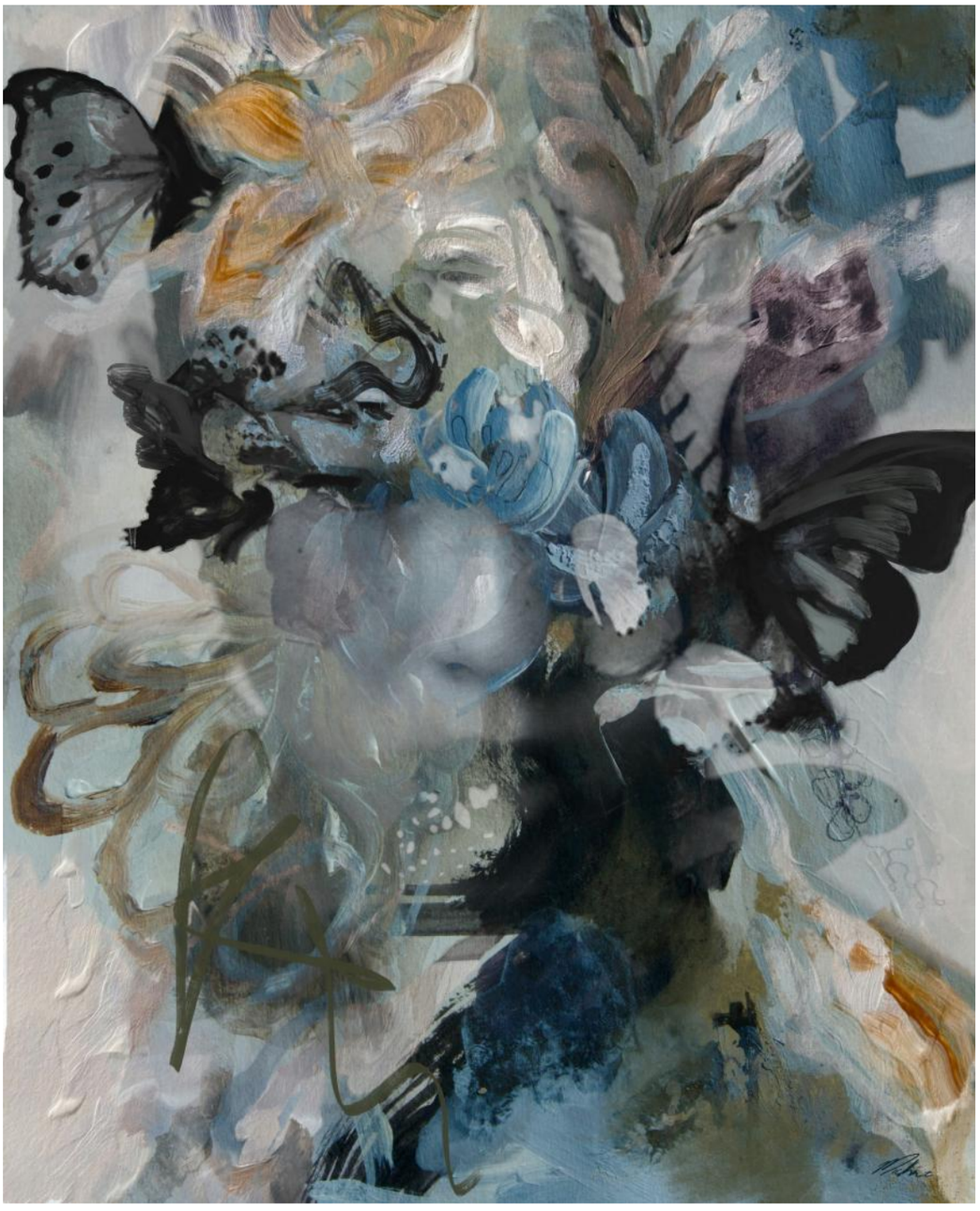
THE ARTISTS GALLERY



A figure holds her place between density and disappearance, as though caught between the self she has inhabited and the one still taking shape. Neither fully concealed nor entirely revealed, she exists in the charged space where transformation begins.

Blue Bella (framed)
130 x 110 cm
Mixed Media on Acrylic
ZAR 58,000 excl. VAT
ZAR 66,700 incl. VAT

THE ARTISTS GALLERY



Blue Bella emerges through a field of cool-toned florals and restless wings, her presence felt before it is fully seen. The butterflies suggest not a completed transformation, but the unsettled freedom of becoming someone unfamiliar.

Blushing Bloom
100 x 80 cm
Mixed Media on Acrylic
ZAR 40,000 excl. VAT
ZAR 46,000 incl. VAT

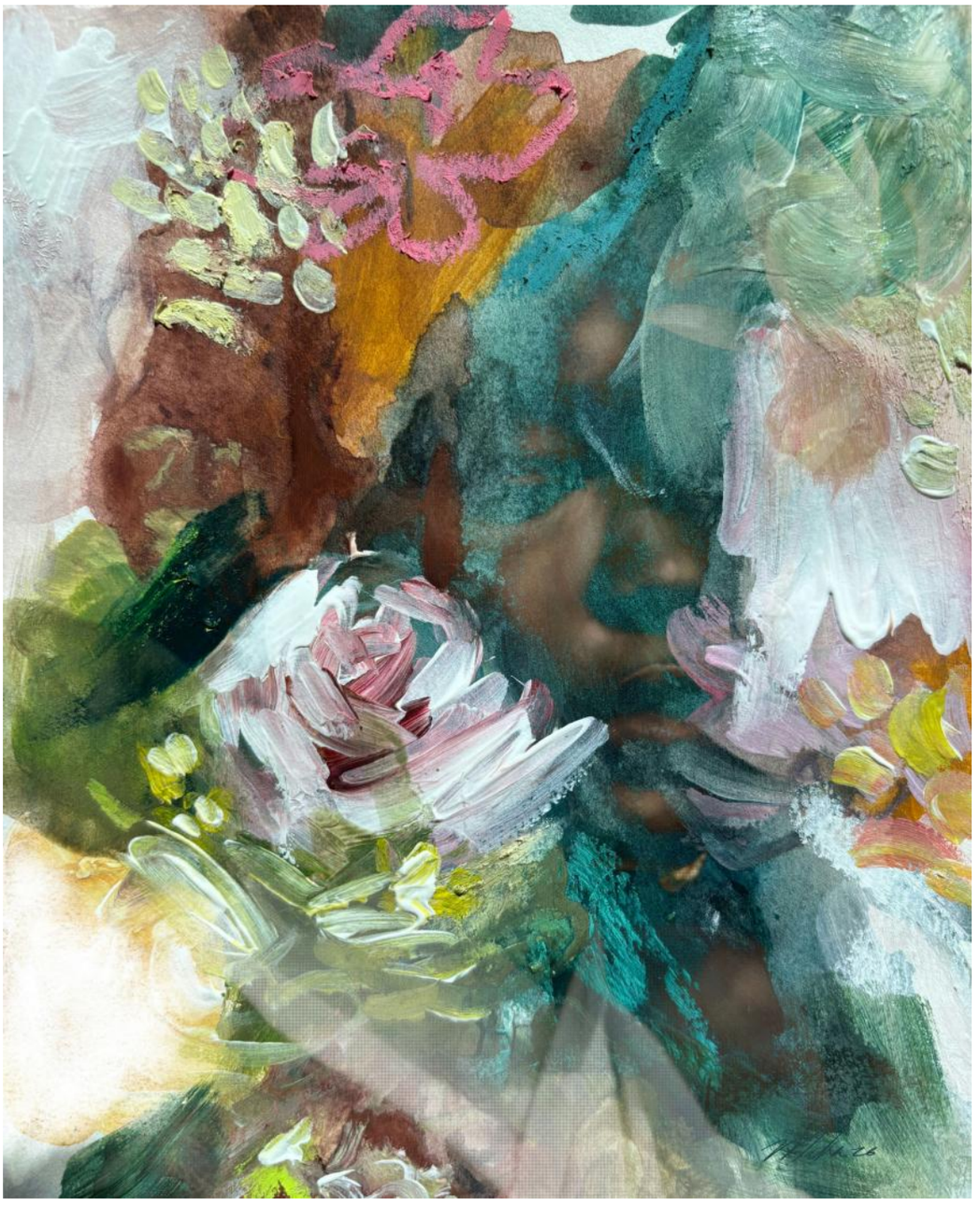
THE ARTISTS GALLERY



Colour gathers around the figure like an emotion the body has disclosed before language can contain it. The bloom becomes an involuntary confession, a visible trace of everything she has felt but chosen not to say.

Dreaming Waterway
115 x 95 cm
Mixed Media on Acrylic
ZAR 44,000 excl. VAT
ZAR 50,600 incl. VAT

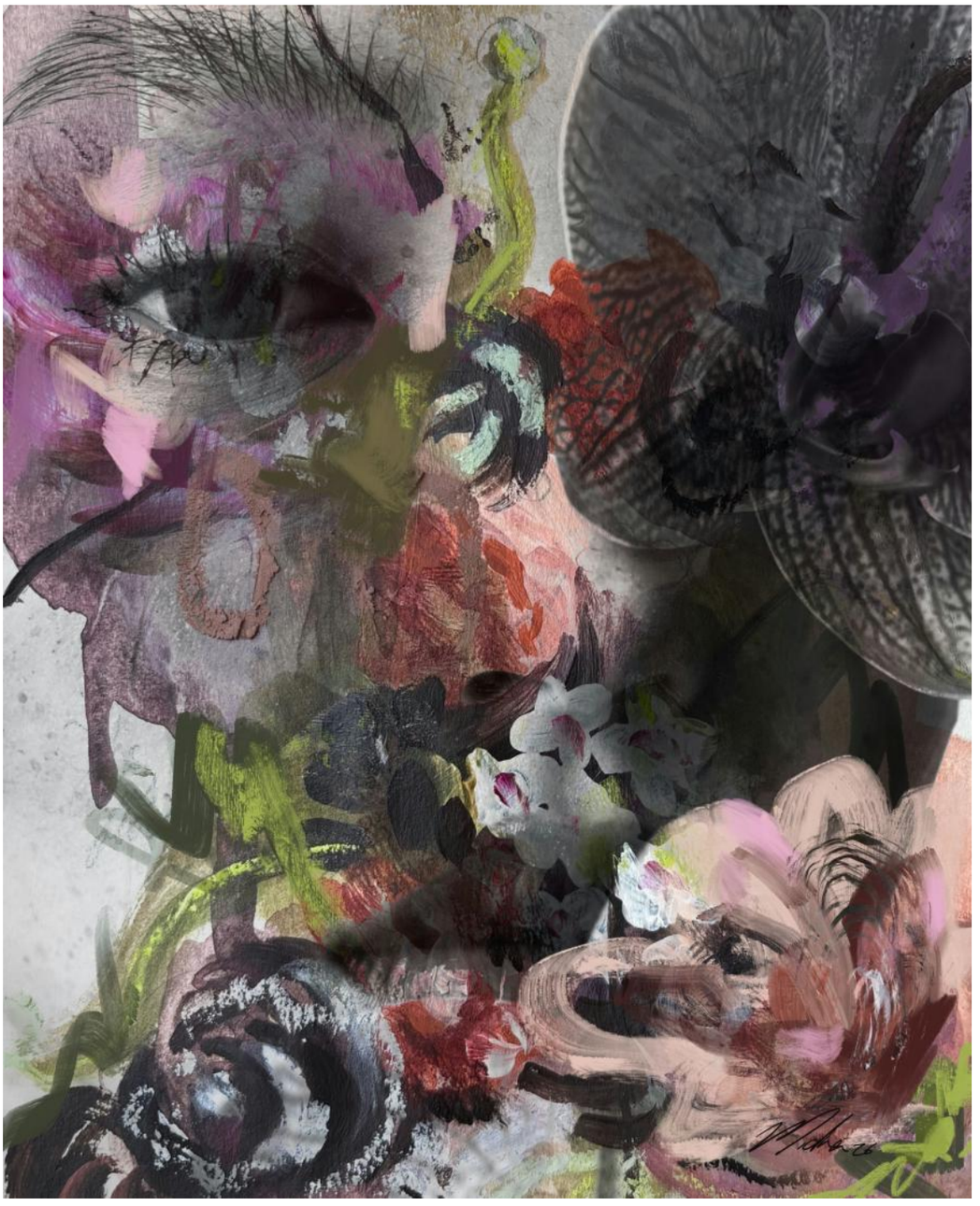
THE ARTISTS GALLERY



Submerged within a shifting current of colour and bloom, the figure seems to dream beyond the limits of her own outline. The waterway carries her inward, towards a place where memory, instinct and imagination are no longer separate.

Gaze of Phallaina (framed)
115 x 95 cm
Mixed Media on Acrylic
ZAR 48,300 excl. VAT
ZAR 55,545 incl. VAT

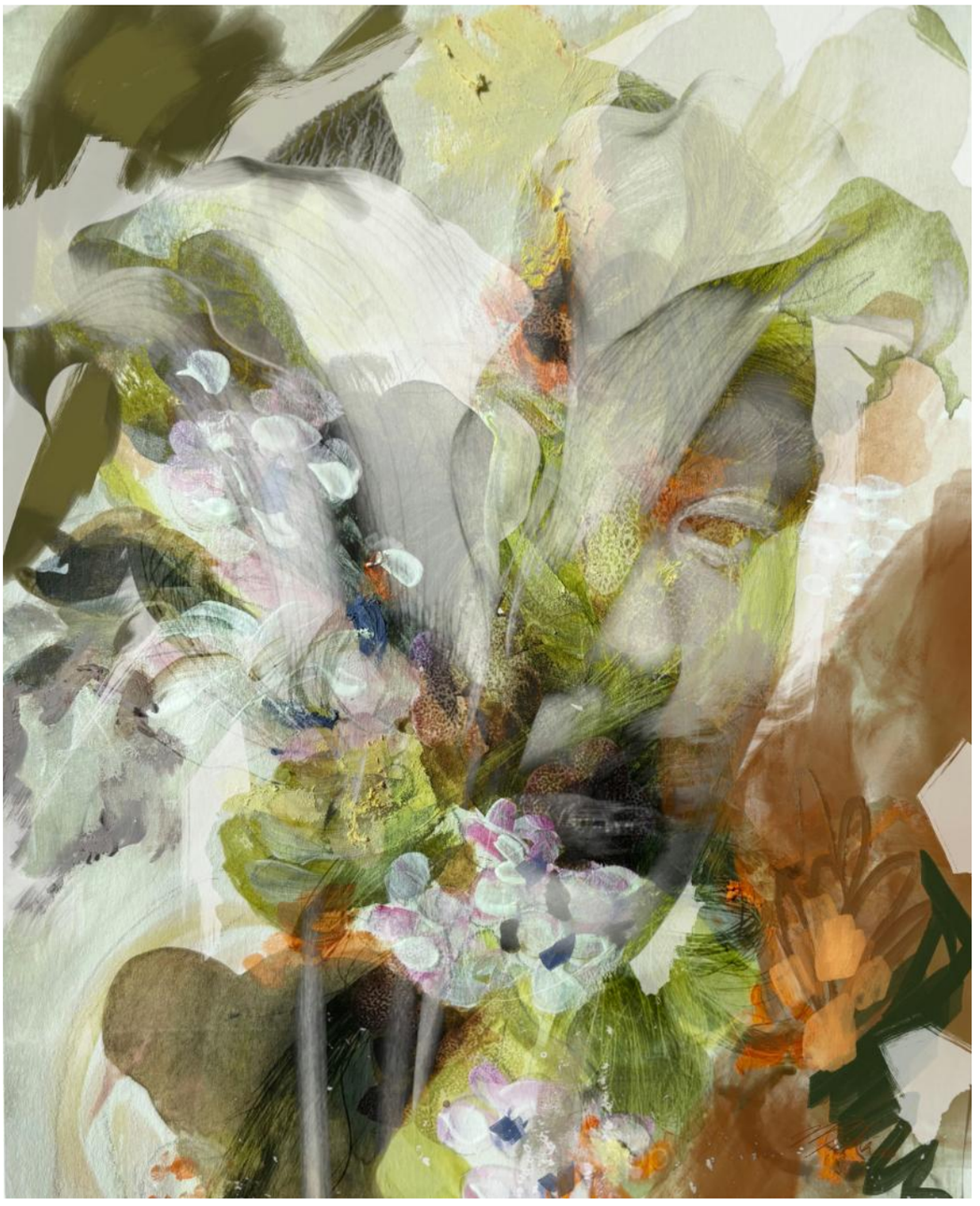
THE ARTISTS GALLERY



One unguarded eye meets the viewer while the rest of the figure dissolves into orchid, shadow and expressive marks. Her gaze reverses the act of observation: while we search for her within the work, she appears to be studying what we reveal.

Lily in Absentia (framed)
115 x 95 cm
Mixed Media on Acrylic
ZAR 48,300 excl. VAT
ZAR 55,545 incl. VAT

THE ARTISTS GALLERY



Her presence is redistributed across petals, pigment and fractured form. The lily occupies the space, holding absence as something tangible rather than empty. What has vanished from sight continues to shape the space it left behind.

Morning Dew
100 x 80 cm
Mixed Media on Acrylic
ZAR 40,000 excl. VAT
ZAR 46,000 incl. VAT

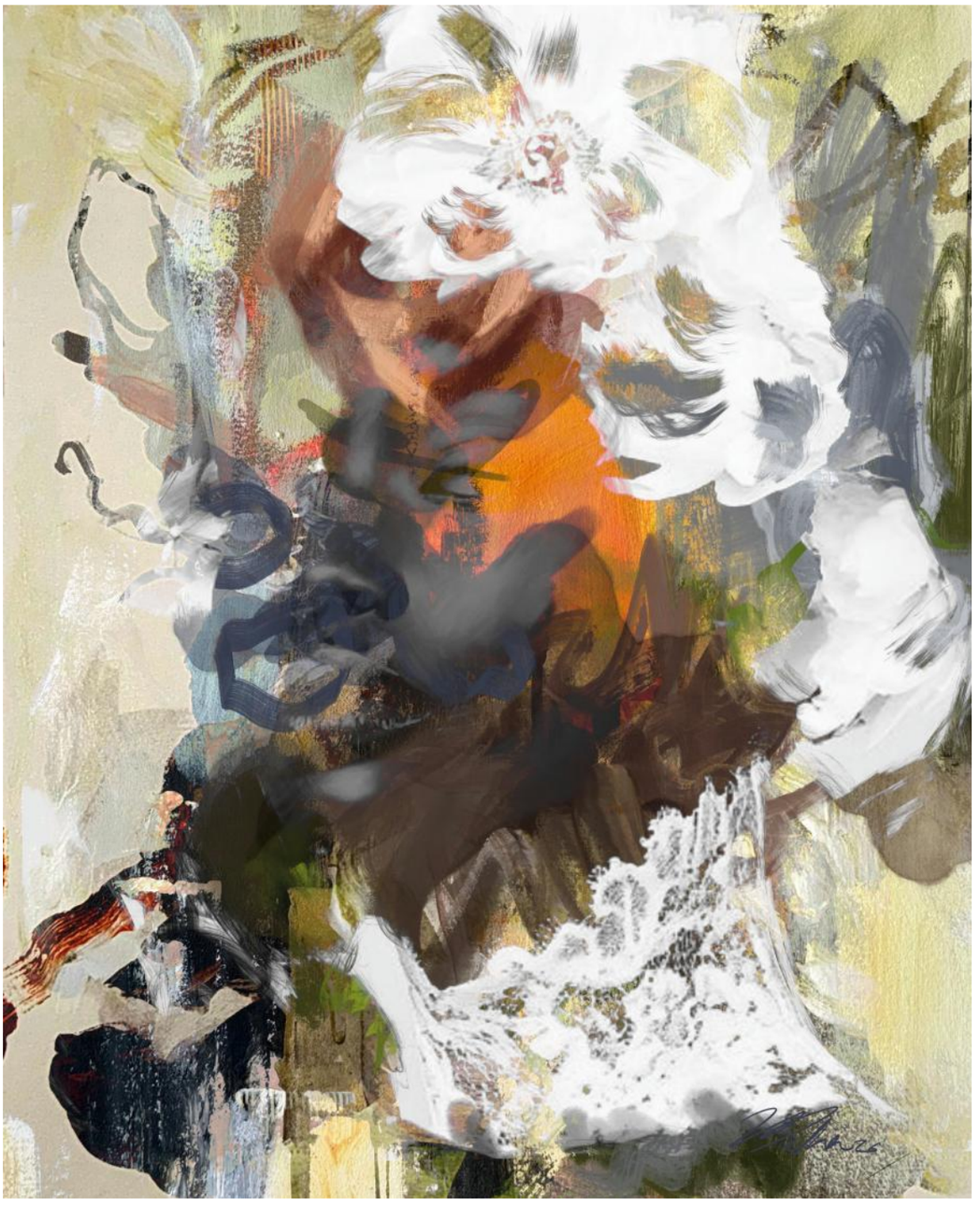
THE ARTISTS GALLERY



Forms appear as if caught at the moment when night releases its hold and the world has not yet settled into definition. Like dew, this brief clarity cannot be kept; its beauty exists precisely because it is already disappearing.

Under the Peony
130 x 110 cm
Mixed Media on Acrylic
ZAR 54,000 excl. VAT
ZAR 62,100 incl. VAT

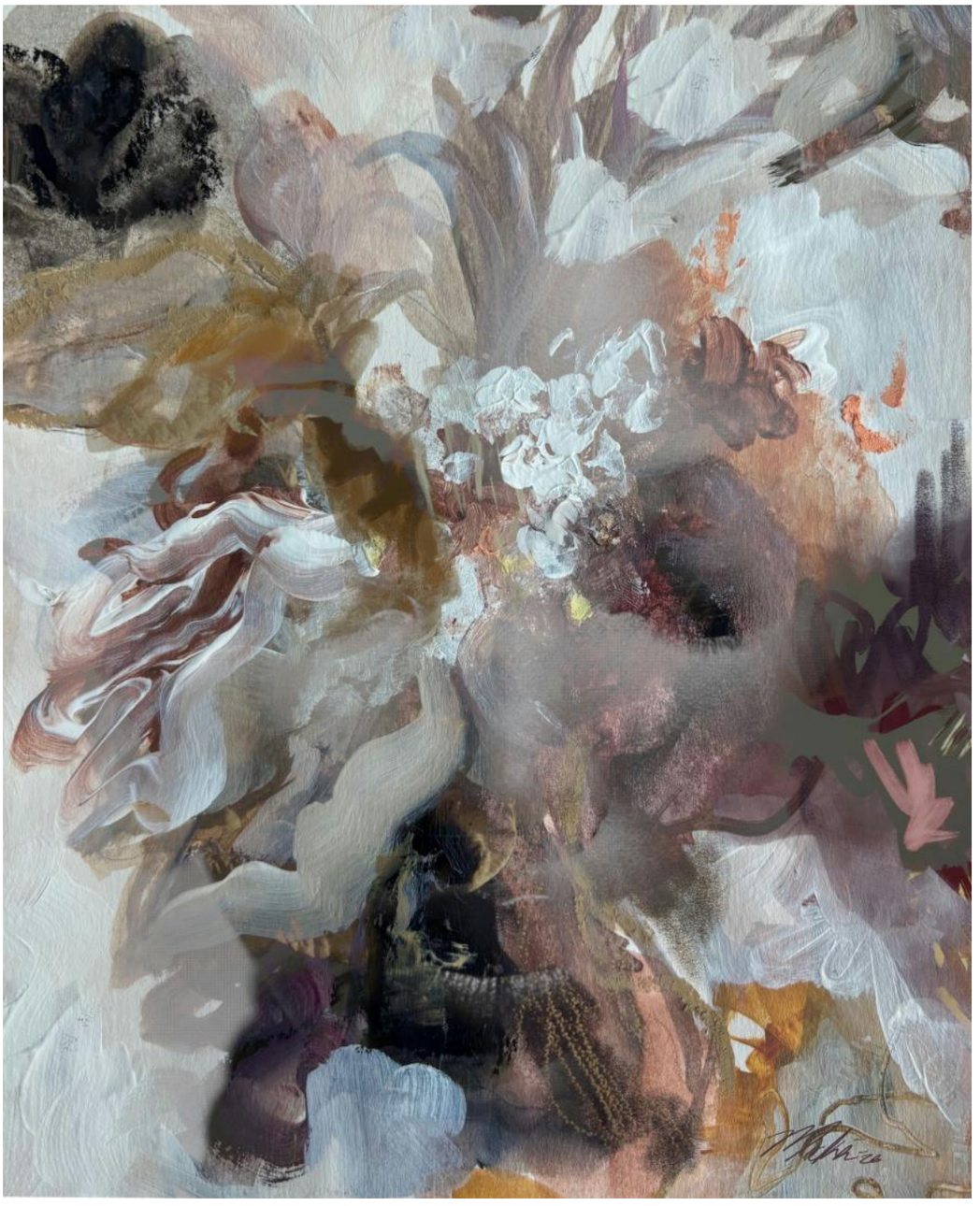
THE ARTISTS GALLERY



Beneath the peony, the figure occupies a private interior where thought, body and botanical form overlap. The flower becomes a shelter for the parts of the self that require darkness before they are ready to open.

Unveiling Hope (framed)
130 x 110 cm
Mixed Media on Acrylic
ZAR 58,000 excl. VAT
ZAR 66,700 incl. VAT

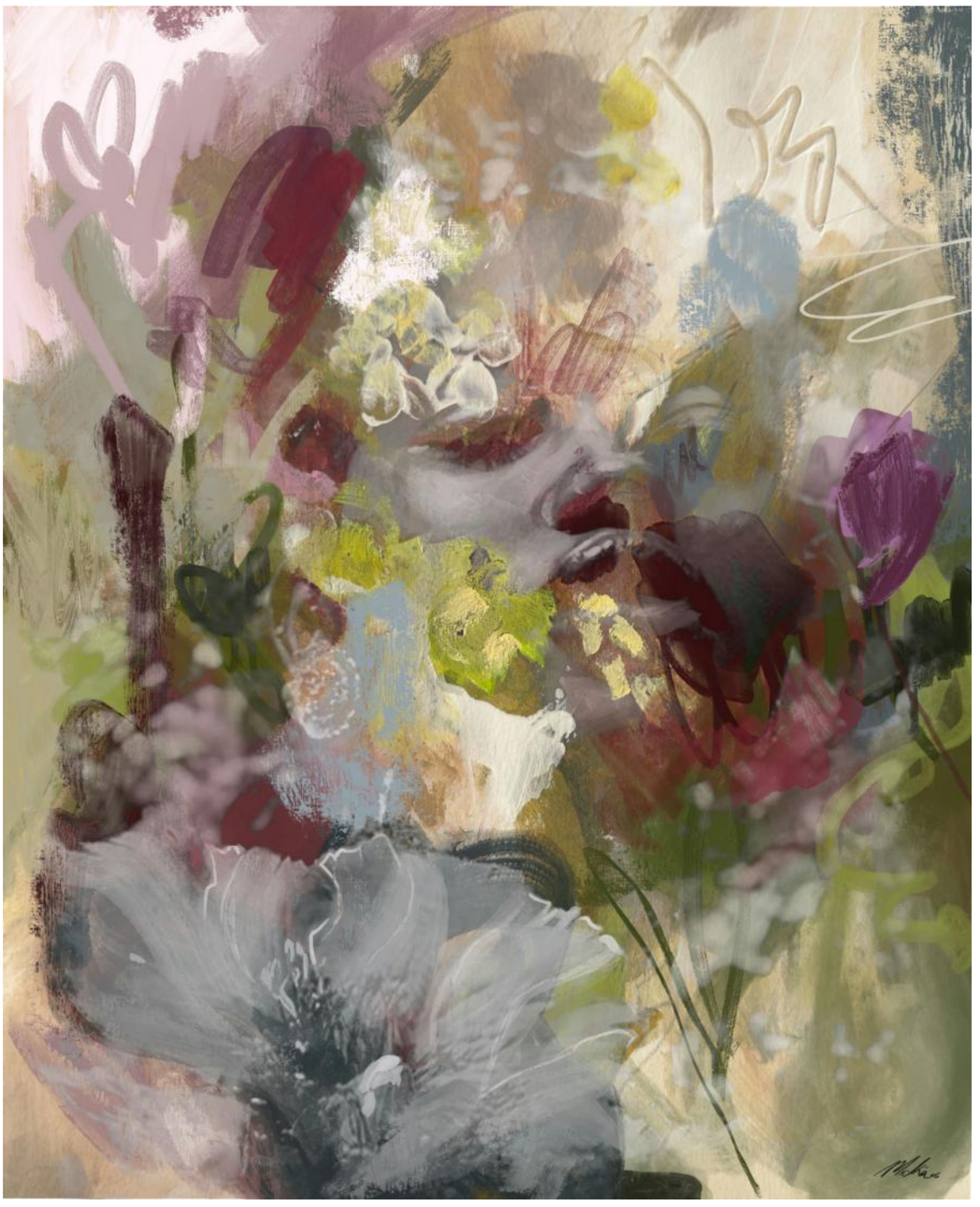
THE ARTISTS GALLERY



Hope does not announce itself here; it gathers quietly beneath layers of uncertainty, colour and interrupted form. The closed eyes suggest an inward kind of seeing, a belief sustained before there is evidence of what will emerge.

Veiled in Petals (framed)
100 x 80 cm
Mixed Media on Acrylic
ZAR 44,000 excl. VAT
ZAR 50,600 incl. VAT

THE ARTISTS GALLERY



The flowers do not simply conceal her; they alter the terms on which she can be seen. Behind the abundance, a quiet gaze remains, suggesting that what is partially hidden can possess the strongest presence.